



THE ELSA STUDY NEWSLETTER

Issue 002

21st December 2023

Thank you for helping to make the ELSA Study a success in 2023!


- **12,000** children consented in **13 months**.
- **Over 50** sites are recruiting into the ELSA study and another **54** will open in early 2024.
- **17** ELSA follow-up sites are open, with centres in **all four UK nations**.

12,000



Children consented

17%



Ethnic minority representation



Good news stories



<https://t1dra.bristol.ac.uk>



- **World Diabetes Day 2023** saw the launch of **TIDRA**, offering adult risk screening for type 1 diabetes. Over 3000 adults have already signed up!
- In 2023, we raised almost **£1500** for **University Hospitals of Birmingham charities** to benefit ELSA families.
- Manas and Lauren won the BSPED Oral presentation prize.
- **Stakeholder perspectives'** on screening published in Diabetic Medicine:
<https://onlinelibrary.wiley.com/doi/full/10.1111/dme.15131>
Parents' perspectives' coming soon.

Learning points from 2023

1. Aiming to minimise wait times for families by scheduling follow-up visits in 2-3 weeks. ELSA team aim to turn results around within 4 weeks.
2. We are pleased to shared the pathway for management of presymptomatic type 1 diabetes - **'The post-ELSA pathway'**.

Thank you for reading

