

# THE ELSA STUDY NEWSLETTER

DIABETES UK

KNOW DIABETES, FIGHT DIABETES

#### Issue 002



21st December 2023

### Thank you for helping to make the ELSA Study a success in 2023!

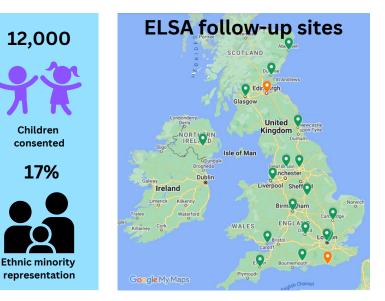
- 12,000 children consented in 13 months.
- **Over 50** sites are recruiting into the ELSA study and another **54** will open in early 2024.
- 17 ELSA follow-up sites are open, with centres in all four UK nations.

### **Good news stories**



https://t1dra.bristol.ac.uk

2	<b>University Hospitals</b>
	Birmingham Charity



**NIHR** National Institute for Health Research

- World Diabetes Day 2023 saw the launch of T1DRA, offering adult risk screening for type 1 diabetes. Over 3000 adults have already signed up!
- In 2023, we raised almost £1500 for University Hospitals of Birmingham charities to benefit ELSA families.
- Manas and Lauren won the BSPED Oral presentation prize.
- **Stakeholder perspectives'** on screening published in Diabetic Medicine: https://onlinelibrary.wiley.com/doi/full/10.1111/dme.1 5131

Parents' perspectives' coming soon.

## Learning points from 2023

- Aiming to minimise wait times for families by scheduling follow-up visits in 2-3 weeks.
  ELSA team aim to turn results around within 4 weeks.
- We are pleased to shared the pathway for management of presymptomatic type 1 diabetes - 'The post-ELSA pathway'.

#### Thank you for reading



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#elsadiabetes