



## The ELSA Study

This is a summary of the ELSA Study. Please see the parent's information sheet for more details (page numbers provided in this document).

#### What?

The ELSA Study is testing children for type 1 diabetes. We are testing for antibodies. Antibodies are protein markers found in the blood. A simple blood test will tell us if the antibodies for type 1 diabetes are there or not (page 2).

# Why?

We want to help children who may develop type 1 diabetes, by getting them the treatment they need sooner and stop them from becoming too unwell (page 5).

#### Who?

Children aged 3-13 years who do not already have type 1 diabetes can take part.

#### How?

The majority of children will only need a simple finger-prick blood test (page 2). Less than 1 in 100 will need some further blood tests (pages 3-4).

#### Where?

You can do the finger-prick test with your child at home. We are also working with some schools, doctors surgeries and community centres to offer the screening test (page 2).



### Contact details and more information:

• Email: elsa@contacts.bham.ac.uk

Phone: 0121 414 7814

Website: <a href="https://elsadiabetes.nhs.uk/">https://elsadiabetes.nhs.uk/</a>

Thank you!



